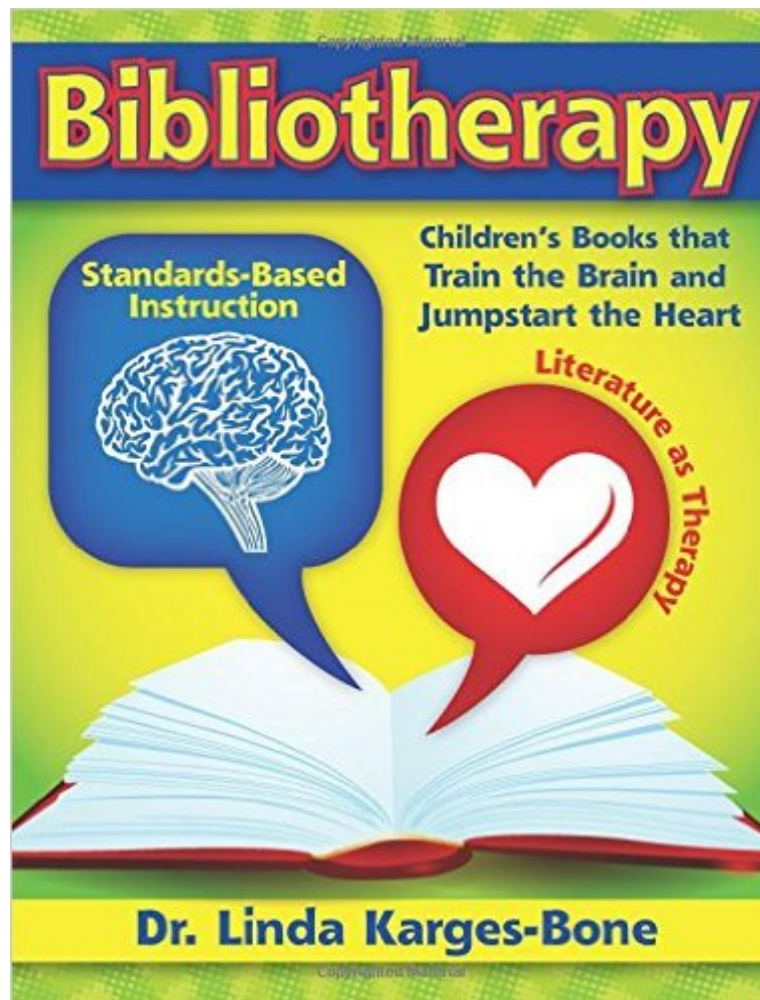


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Bibliotherapy



Synopsis

Bibliotherapy is a targeted use of children's literature to improve cognitive, social, and emotional outcomes. Children's books and stories act as an adjuvant, supporting and assisting teachers, counselors, therapists and parents as they work with children in therapeutic and instructional ways. The purpose of this book is to share 48 award-winning children's books across six areas of bibliotherapy and connect them with appropriate and powerful activities that increase listening, speaking, reading, and writing skills. The areas of bibliotherapy presented in this book include: attachment and growth; creativity and critical thinking; bullying and building friendships; family matters (dynamics and change); poverty and social justice issues; and childhood challenges.

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